

The rules of the DOZ Maraton Łódź Run during the event under the name DOZ Maraton Łódź 2022

These regulations are effective from 29 April, 2022

The DOZ Maraton Łódź Run (hereinafter: Run) takes place as part of the event under the name DOZ Maraton Łódź 2022 (hereinafter: Event).

I. Organizer, Contractor and Run Partners

1. Organizer

Association "Maraton Dbam o Zdrowie" based in Łódź, ul. Zbąszyńska 3, 91-342 Łódź, entered into the Register of Associations, Other Social and Professional Organizations, the Foundation and Independent Public Health Care Institutions maintained by the District Court for Łódź-Śródmieście in Łódź. Economic Court of the 20th Commercial Division of the National Register Courthouse under the number KRS 0000403717, REGON: 101325327, tax identification number (NIP): 9471980735

2. Contractor

Ms Joanna Chmiel running a company under the name Beauty Sport Run Joanna Chmiel with the seat in Łódź at Konstadta 7, 66, 91-430 Łódź, NIP 7271445611, REGON 364956765.

The Organizer entrusts the Contractor with the implementation of the Event under the name "DOZ Maraton Łódź 2022" together with accompanying events on April 22-24, 2022, in particular the DOZ Marathon Łódź Run.

3. Strategic Partner:

City of Łódź

4. Honorary patronage:

- President of the City of Łódź,
- Marshal of Voivodship Łódź

II. Goals of the Run

The goals of the Run are:

- popularizing running as the simplest form of physical activity among adults and school youth,
- popularizing sport in various social, environmental and professional groups,
- promoting sports in the family,
- promoting of the City of Łódź and the Łódź region in Poland and in the world.

III. Name, date and place of the Run

Name: DOZ Maraton Łódź

Date: April 24, 2022 (Sunday)

Place: Lodz, Atlas Arena, Bandurskiego Avenue 7 (start, finish, Run Event Office)

Start: 9:00 a.m.

Finish: Atlas Arena, Bandurskiego Avenue 7, Łódź

IV. Route of the Run

1. The route of the Run is certified and its every kilometer is marked by the attesting entity licensed by the Polish Athletics Association.
2. The judges of the Polish Athletics Association (PZLA) will watch over the course of the Run.

V. Conditions of participation in the Run

1. The participation limit in the Run is 3500 people, the time limit in the Run is 6 hours.
2. A Participant of the Run may be any adult person who reaches the age of 18 no later than on the day of April 24, 2022.
3. Each Participant shall register for the Run either electronically by filling the entry form available on the website www.lodzmaraton.pl by April 15, 2022 or in person in the Run Event Office in the days of 22-23 April, 2022 (provided the registration limit is not met by April 15, 2022).
4. On the day of the Run (April 24, 2022) there will be no registrations. That day the Run Event Office will only issue numbers and starter packs to previously registered Participants whose participation has been paid for.
5. Any changes to applications (including name changes, forwarding the pack) will not be possible after 15 April, 2022.
6. The condition of participation in the Run is electronic registration on the website www.lodzmaraton.pl until April 15, 2022 or personal registration in the Run Event Office in the days of April 22-23, 2022 (provided the registration limit is not met by that date), and payment of the entry fee, in accordance with the price list available on the website www.lodzmaraton.pl.
7. Participants failing to pay the entry fee, referred to in point VIII, results in no allocation of the bib number to the Participant and inability to participate in the Run.
8. Only the Participants whose participation has been paid for and those with assigned start numbers have the right to take part in the Run.
9. Any Participant who has registered for the Run, but has not paid the entry fee until April 15, 2022 will be checked out and is obliged to register again in the Run in person in the Run Event Office on April 22-23, 2022 if the registration limit is not met by that date.
10. Every Participant is obliged to collect the bib number and the starter pack between 22-24 April 2022 in the Run Event Office.
11. If the number and starter pack cannot be received personally, the Participant may authorize a proxy.
12. The condition for the receipt of the starter pack and the bib number by the proxy is to show an authorization signed by the Participant and the photocopy (for inspection only) of the Participant's identity document with the photo in the Run Event Office. Content of the authorization will be available on www.lodzmaraton.pl in the "Documents to download" tab.
13. The bib number is to be pinned in the visible place on the chest during the race.
14. During the race, each Participant is obliged to have a bib number pinned horizontally to the front of the shirt (or outdoor clothing). The bib number must be visible during the whole race.
15. Under the penalty of disqualification, it is prohibited to cover the bib number in part or in the whole, or to modify it.
16. Participants of the Run take part in it at their own risk, being aware of their own current state of health.

The Organizer recommends to the Participants taking medical tests confirming their ability to take part in the Event. In case of any medical contraindications, the Organizer recommends not taking part in the Event. The Participant declares participation in the Run on his/her own risk and own responsibility. The Organizer is not responsible for the effects of participation in the Run of Participants whose health condition is a contraindication to taking part in the Run. The Organizer does not verify the health status of the Participants.
17. When picking up the bib number, Participants must present an identity document and membership of particular professional organization or other, in order to verify belonging to a particular professional organization. In case of lack of such document, the Participant may present certificate from working place or make personal statement.

In case of marriages where the spouses bear different names, it will be necessary to present marriage certificate.
18. The time limit for the marathon run will be 6 hours, 00 min.

19. The time limit will be verified by the Organizer in accordance to the time schedule:

- 10 km- 1h 25'
- 20 km - 2h 50'
- 30 km - 4h 16'
- 35 km - 4h 58'
- 40 km - 5h 41'

The competitors will be followed by a bus with the inscription CATCH RUNNER TIME LIMIT, which will verify the time limit for the designated kilometers of the route. The time limit will be calculated from the last competitor in the last time zone crossing the starting line.

20. Exceeding the time limit at a given measurement point, referred to in section 19 above, results in informing the participant about this fact and ordering him/her to leave the race route or board the bus with the inscription CATCH RUNNER TIME LIMIT.

21. After the time limit of 6 hours, traffic on the route will be restored.

22. Participants running with a child in a stroller are obliged to report to the last zone. It is forbidden to take position in the initial zones.

23. Participants must stay within course boundaries, as designated by barriers, traffic cones, delineation, and/or other markings, at all times; must recognize and understand event signage and symbols relating to the course, directions, and facilities; and must follow the instructions of course marshals. Failure to do so may result in disqualification.

24. Participants of the competition are required to submit themselves unconditionally to all commands of municipal services, that is: the Police, Municipal Police, Traffic Supervision and the Organizer's services, as well as judges and other services securing the route of the Run. The participants are obliged to notify the municipal services i. e. the Police, Municipal Police, the MPK traffic supervisor and the organiser's enforcement services, as well as judges and other services securing the race, in a timely manner.

The participants of the race are absolutely obliged to enable the privileged vehicles in action (driving on the signal) to drive - otherwise they will be disqualified.

25. Decisions of medical service regarding the continuation of the Run by the Participant to whom the medical assistance has been provided is final and indisputable.

26. Participants take part in the Run at their own risk and responsibility.

27. Providing the Organizer with a correctly completed application form and making the payment of the start fee means that the Participant considered and assessed the nature, scope and degree of risk related to participation in the Run, including the risk of accidents, the possibility of physical injuries, including death as well as property damage, and voluntarily decided to take this risk.

28. Receiving the bib number and joining the Run is tantamount to reading the rules and regulations of the Run and the obligation to comply with its provisions.

29. Numbers and starter packs will be issued in the Run Event Office. Run Event Office will be located in the Atlas Arena at Bandurskiego Avenue 7 in Lodz and will be open in the following days and hours:

22 April 2022 (Friday) from 1 pm to 8 pm

23 April 2022 (Saturday) from 11 am to 9 pm

24 April 2022 (Sunday) from 7 pm to 3.30 pm, with the start pack issued on that day only until 8:30 am.

30. On the day of the Run, that is April 24, 2022, registration for the Run will not be carried out. That day the Participants will only be able to pick up the start pack and bib number.

31. The deposit will be open on April 24, 2022 from 7 am to 4 pm in Atlas Arena at Bandurskiego Avenue 7 in Lodz.

32. Participation in the Run of disabled persons in wheelchairs requires prior Organizer's approval. Participants moving on sports carts of Rim-push and hand-bike type of drives will not be allowed to enter the Run. Disabled Participants allowed to take part in the Run by the Organizer, will be classified in the Open category.

VI. Categories and classifications in the Run.

1. The following categories and classifications will be conducted as part of the Run:

a) OPEN category of men and women

b) Age categories of men and women

M / K - 18 18 - 19 years of age

M / K - 20 20 - 24 years of age

M/K - 25 25 – 29 years of age

M / K - 30 30 - 34 years of age

M/K - 35 35 – 39 years of age

M / K - 40 40 - 44 years of age

M/K - 45 45-49 years of age

M / K - 50 50 - 54 years of age

M/K - 55 55-59 years of age

M / K - 60 60 - 64 years of age

M / K – 65 65- 69 years of age

M / K – 70 70- 74 years of age

M / K – 75 + - 75 years of age and more

c) Professional categories:

- pharmacists F and M
- pharmaceutical technicians F and M
- teachers F and M
- doctors F and M
- miners F and M
- journalists F and M
- soldiers F and M
- firefighters F and M
- police F and M
- municipal police F and M
- lawyers F and M
- bank officials F and M
- MPs/ councillors F and M
- priests M
- students F and M
- prison officers F and M
- scouts F and M
- medical staff (nurses, paramedics, laboratory workers) F and M
- physiotherapists F and M
- vets (doctors and technicians) F and M
- licensed security guards F and M

d) The best Participant with Polish citizenship F and M

e) The best novice in the Marathon Run F and M

f) The best Participant from Łódź F and M

g) The best marriage - the place achieved is determined by the total time of the spouses, in case of the same time of two marriages, the place achieved is determined by the better result of the woman of the marriage. in the case of different names of the spouses - for the ease of verification - in the application, the wife gives the surname of the husband next to her surname or the husband gives the name of the wife next to his name.

2. Age categories do not double with the OPEN category.

3. Participants who register, can choose only one professional category and only this category will be taken into consideration as far as the result time is concerned.
4. Verification of belonging to a particular professional category will take place while assigning bib numbers.
5. The classification is based on electronic time measurement based on an electronic chip located in the bib number. Run Participant who loses the bib number and will not bring it to the finish line of the Run will not be classified. On the route of the Run there will be located control mats that record the appearance of a Participant at a given point. No record of the appearance of a Participant at a given point may result in the Participant's disqualification from the Run.

VII. Run submissions

1. By submitting, the Participant must state what result he/she plans to achieve at the finish line or the current result achieved at a given distance.
2. Participants will be assigned start numbers with the start time zone marking in which the Participant will be obliged to set up for the Run.
3. The start will take place separately for each zone.
4. Participants are obliged to comply with the instructions of the Organizer and the security services.
5. Start zones:
 - Zone I - result below 3:00' - yellow
 - Zone II - result 3:00' - 3:30' - green
 - Zone III - result 3:31' - 4:00' - red
 - Zone IV - result 4:01' - 4:30' - blue
 - Zone V - result 4:31' - 5:00' - orange
 - Zone VI - result above 5:00' - grey

6. For the first 50 Participants, the results at the finishing line will be calculated according to the gross time, that is the time counted from the starter's shot to the finish line. For all the other participants of the Run the nett time gained by the Participant will be taken into account, that is the time counted from the intersection of the start line to crossing the finish line.
7. The limit of entries in the Run is 3,500 Participants.
8. If the limit of applications referred to in point 7 above exhausts until April 15 2022, the Organizer reserves the right to increase this limit. Information about the increase of the limit of applications will be posted on the website: www.lodzmaraton.pl
9. The registered Participant of the Run is considered the one who registered by completing the application form at www.lodzmaraton.pl, accepted it, sent the application and payed the starting fee. Failure to pay the starting fee by 15 April 2022 (the date of the receipt on the account decides) for an electronically registered participant, results in deletion of the Participant from the start list and the necessity - in case of the will to start – of re-registration and payment of the fee in the Run Event Office, unless the limit of applications to that time has been exhausted. Again, the Participant may register in person and pay for the start in the competition in the Run Event Office on 22-23 April 2022, unless the application limit has been earlier exhausted.
10. The starting fee made by the Participant is not refundable if the Participant will give up the start! Transfer and resale of the start number to another person without the Organizer's consent are also not allowed! The fee is refundable only in exceptional and justified cases at the request of the Participant.

VIII. Starting fees for participation in the Run

1. The starting fee for participation in the Run should be made electronically, via the 'Go to payment' option, available from the registration form.
2. Starting fees for the Participants who will register in the Run Event Office on 1-2 October 2021 (in case of availability of bib numbers) will be paid only in cash. There will be no card or other payment option.
3. The Organizer allows credit card payment for participation in the Run made online via the application form available on the www.lodzmaraton.pl website.
4. The Run Participant who wants to receive an invoice for the paid starting fee is obliged to provide accurate data in the Run Application Form or in the Run Event Office for issuing an invoice. If the data for the invoice is missing or if provided data is incomplete, the invoice will not be issued. The invoice is issued by the Organizer.
5. Starting fee amounts:
 - 1st date - payment made by March 10, 2022 - **120 PLN**
 - 2nd date - payment made between March 11, 2022 - April 15, 2022 - **140 PLN**
 - 3th date - payment made in the Run Event Office from the 22 to the 23 of April 2022 - **160 PLN**
6. The proof of payment is the appearance of the start number next to the Participant's name on the start list on the www.lodzmaraton.pl website.
7. If after 7 (seven) days the start number does not appear, the Participant is obliged to contact the Organizer at the following e-mail address: stowarzyszenie@pelion.eu.
8. The once paid fee is not refundable or transferable to another Participant or another Run organized by the Organizer.
9. The exemption from the starting fee in the Run is granted to persons born in 1952 or earlier.
10. Exemption from the entry fee for persons referred to in paragraph 9 above is only eligible in the case of registration for the Run online by filling in the application form available at www.lodzmaraton.pl. Such registration for the Run **is not possible** in the Run Event Office on 22-23 April 2022.
11. To benefit from the exemption from the entry fee, the participant of the Run, referred to in

paragraph 9 above, should register for the Run by completing the registration form available on website www.lodzmaraton.pl by the deadline of 15 April 2022, omitting the option of payment, and then report the fact of registration at the e-mail address jacek.asia@vp.pl. After verification of the correctness of the notification, the Run Participant will receive the bib number.

12. The Organizer has the right to exempt selected Participants from the fees, and other Participants of the Run at their own discretion.

13. The Organizer does not provide for a possibility of anonymous start.

IX. Deposits and meals

1. Participants of the Run will receive a deposit bag along with a place to enter in the start number allowing to deposit items in a specially designated place. The bag can only be picked up basing on the start number. If the start number is lost by the Participant of the Run, the Organizer is released from the responsibility for the bag being picked up by another person. It is forbidden to leave valuable items and documents in the deposit. The Organizer is not responsible for leaving them.

2. The deposit will be open on April 24, 2022 from 7 am to 4 pm in Atlas Arena at Bandurskiego Avenue 7 in Lodz

Items not taken back, will not be sent to Participants or detained. The Organizer has the right to utilize them.

3. Before the Run, the Participants will have the opportunity to use the dressing room. After the Run they will be able to use changing rooms, massages and showers.

4. All Participants of the Run receive the opportunity to use the nutrition point along the route and a regeneration meal at the finish line.

X. Awards in the Run

1. In the OPEN category of Men and Women, the Organizer provides the following financial prizes for taking the first six places:

1. 10,000.00 PLN
2. 7,000.00 PLN
3. 5,000.00 PLN
4. 3,000.00 PLN
5. 2,000.00 PLN
6. 1,000.00 PLN

2. In the category of the best Participants from Poland, the Organizer provides the following financial prizes for taking the first three places:

1. 3,000.00 PLN
2. 2,000.00 PLN
3. 1,000.00 PLN

3. Detailed information on the prizes in all categories of the Run will be published in the “Rewards” tab on the website www.lodzmaraton.pl no later than on 31 March, 2022.

XI. Starter pack

1. Each Run Participant receives in the starter pack: technical jersey, bib number, safety pins, possibility to use the live tracking app, coupon for the pasta party before the Run and regenerative meal after the Run, result on a mobile phone (in case telephone number is provided in the entry form).
2. Each Participant to complete the Run will be awarded with the memorial medal.
3. The Organizer ensures 10 buffet points on the route, placed every 4 km, beginning with the START line.
- 4 The Organizer does not accept private supplements/water bottles from the participants.

XII. Personal details

1. The Administrator of the personal details in the process of registration in the Run is Association "Maraton Dbam o Zdrowie" Zbąszyńska St.3, 91-342, Łódź.
2. Legal basis and period of processing personal details in particular cases is as follows:
 - **The purpose of processing details:** execution of the agreement between the parties (Regulations)
Legal basis: processing is necessary for the performance of a contract to which the data subject is a party (art. 6 § 1b GDPR)
Processing period: 1 year after the end of the event, and after that time, if this is required or permitted by law, e. g. in order to assert any claims.
 - **The purpose of processing details:** communication for the purpose of performing the contract with a person other than the one with whom the contract has been concluded, e.g. proxies authorised to receive packages.
Legal basis: processing is necessary for the purposes of the legitimate interests pursued by the controller (art. 6 § 1f GDPR)
Processing period: Until cooperation completion or reporting effective opposition by the data subject.
 - **The purpose of processing details:** Transmission of offers-related and marketing information in the case of electronic transmission and processing of the pictures taken during the Race.
Legal basis: the data subject has given consent to the processing of his or her personal data (art. 6 § 1a GDPR)
Processing period: Until the withdrawal of consent.

3. Personal data of not more than the first 10 Participants in each category will be processed by up to 3 years from the end of the Run.
4. After the processing is completed, the name and surname will be anonymised.
5. Providing personal data and image in relation to execution of the contract (accepted rules and regulations) connecting the parties is voluntary but necessary to register participation and to start in the Run. For other purposes, i.e. sending information about offers and marketing content, in case of sending them electronically - providing personal data is voluntary.
6. Data will be provided to entities cooperating in the organization of the Run, and if you expresses your consent, also to sponsors, whose current list is available on the website: www.lodzmaraton.pl.
7. You have the right to request access to your personal data, rectification or deletion or restrictions on processing, as well as the right to object to the processing and the right to transfer your data and file a complaint to the supervisory body - the President of the Personal Data Protection Office. The request to delete personal data is tantamount with deletion from the list of Participants of the Run and the Event and the lack of possibility to start in the Run.
8. You have the right to submit a statement on the withdrawal of consent for processing your personal data at any time by sending a letter or electronic mail, according to your own choice. Withdrawal of consent does not affect compliance with the law of data processing which was made on the basis of consent before its withdrawal.
9. The administrator of your personal data provided in connection with the registration of participation in the Run is the "Maraton Dbam o Zdrowie" Association with its registered office at ul. Zbąszyńska 3 in Lodz (91-342). The basis for the processing of personal data is your consent (Article 6 paragraph 1 point a) general regulation on the protection of personal data), the need for contact about your registration and participation in the Event (Article 6 (1)letter (b) of the General Protection Regulation personal data) or the legitimate interest of the "Maraton Dbam o Zdrowie" Association (Article 6 (1)letter (f) of the General Regulation on the Protection of Personal Data). Providing personal data is voluntary, but necessary to register your participation and take part in the Run.
10. Your data will be provided to entities cooperating with the organization of the Event and Run and, if you agree, also to Sponsors and Partners. Current list of Sponsors and Partners is available at www.lodzmaraton.pl. The list will be subject to updates, which you acknowledge when agreeing. Providing the data is voluntary but necessary to achieve the above objectives. You have the right to request access to your personal data, rectification, deletion or processing restrictions as well the right to object to the processing and the right to transfer your data and submit a complaint to the supervisory body - the President of the Office for the Protection of Personal Data. The request to delete your personal data is tantamount to deleting you from the list of Participants of the Run and the lack of possibility to start in the Run.
11. Your personal data will be processed until you appeal by you consent, and then for the period necessary to secure any claims related with data processing.
12. Your personal data will not be processed for automated processing decisions, including profiling.
13. In matters related to the processing of personal data, please contact us at stowarzyszenie@pelion.eu.

XIII. Final Provisions

1. The Run will take place regardless of weather conditions.
2. The Organizer provides medical care during the competition on the route and at the finish line of the Run.
3. The Organizer is covered by third party liability insurance. The event, including the Run, is covered by third party liability insurance and accident insurance, any claims in this respect should be addressed to the Organizer. The Organizer does not provide participants with life insurance, health insurance or from civil liability in respect of sickness, accident, injury or death, or

losses that may occur in connection with participation in the Run.

4. The Organizer suggests Participants to purchase individual accident insurance.

5. The Run results will be available immediately after the Run at www.sts-timing.pl and the website: www.lodzmaraton.pl.

6. Each Participant is obliged to wear the bib number during the Run.

7. The time limit in the Run is 6 hours 00 minutes.

8. Participants are required to run only along the route marked by the Organizer.

9. During the Run Participants are required to submit to the orders of the municipal services, i.e. Police, Municipal Police, MPC Traffic Supervision and Organizer's services.

10. Participants remaining on the route of the Run after the indicated time limit do so on their own risk and liability, according to traffic regulations and the Civil Code.

11. Participants of the Run are subject to the provisions of the Polish Athletics Union, available on the website www.pzla.pl and these rules and regulations.

12. Participants of the Run shortening or changing the Run route will be disqualified.

13. Time measurement is electronic and made with a chips placed on the inside of the bib number.

14. A Run Participant who shortens the route and bypasses the time measurement points will not be classified.

15. Protests and complaints will be accepted in writing up to 30 minutes after the completion of the Run in the Run Office. Protests and complaints will be considered up to 3 (three) days after the end of the Run. After this time the results of the Run become official.

16. During the Run and accompanying events a photographic report and video materials will be made. Participants during registration agree to the use of their image and processing personal data. Failure to agree will prevent participation in the Run.

17. The Organizer reserves the right to and the Participant agrees to carrying out interviews with each of the Participants, taking pictures and filming for advertising and promotional purposes, use of these materials on the Internet or radio and television broadcasts and all other commercial purposes.

18. The Organizer reserves the right to and the Participant agrees to use all around the world, free of charge all photos, film materials, interviews and sound recordings presenting the Participants of the Run. They can be used by the Organizer through placing on CD, DVD, catalogs and media, on websites, in newspapers and at exhibitions, as well as for promotional and advertising related purposes with activities run by the Organizer.

19. Participants, supporters and accompanying persons are not allowed to enter the Run with intoxicating, illegal substances that increase physical performance and alcohol.

Participants are prohibited from taking such substances both before and during the Run under the threat of foreclosure, exclusion from the Run and disqualification.

20. The Organizer is not responsible for items lost during the Run.

21. Only participants with the start numbers placed prominently on the chest may be on the route during the Run. Participants without start numbers and accompanying persons on bicycles, rollers, skateboards and other mechanical devices will be removed from the route.

22. For safety reasons it is forbidden to bring on the route, around the start and finish of the Run items that may pose a threat to other Participants or fans and people accompanying.

23. It is forbidden to participate in the Run in clothing that covers the face and prevents identification of the Participant.

24. Participation in the Run is tantamount to acceptance of the Rules and Regulations of the Run.

25. If the Run is postponed, not due to the Organizer but due to force majeure, and rescheduled to another date Participants may start in the Run at the given new date, within the paid start fee. The new Run date will be announced no later than within 30 (thirty) days from the date of notification of the need to postpone the Run. In such case the resignation from the Run and refund of fee can be made on Participant's request in accordance with the rules set out in paragraph 27 below.

26. Parking lots will be available for participants of the Run (free and paid) - access from Al. Unii Lubelskiej in Łódź.

27. The Organizer reserves the right to amend the regulations no later than on 05 April 2022. Each change of the rules and regulations will be posted on the website with an indication of the initial date of its coming into force, no later than 05 April, 2022, at least 14 days in advance. The Participant who does not accept the change of the regulations has the right to resign from participation in the Run within 7 (seven) days from the date of its coming into force.

Resignation from participation in the Run along with an indication of the bank account number to refund the fee should be sent by registered mail with a return confirmation of receipt to the following address:

Association "Marathon Dbam o Zdrowie" ul. Zbąszyńska 3, 91-342 Łódź

or electronically to the e-mail address: stowarzyszenie@pelion.eu.

In the event of resignation from participation in the Run due to the above-mentioned reasons Organizer shall pay the Participant a starting fee within 7 (seven) days from the day of the delivery of the Participant's statement on resignation from participation in the Run.

Technical and organizational changes, including changes in limits, times, number of participants or Run Event Office opening hours do not constitute a change to the Regulations entitling to the refund of the paid fee.

The emergency number is a phone number: **+48-887 102 112** to the Operations Centre, where the calls from people in need are accepted. It is recommended to use the alarm telephone number for the benefit of the Participant