

Regulations of the Ekiden Relay during the DOZ Marathon Łódź 2022

These regulations are effective from April 29, 2021.

Ekiden Relay (hereinafter: Run) takes place as part of the event under the name of DOZ Łódź Marathon 2022 (hereinafter: Event)

I. Organizer, Contractor and Run Partners.

1. Organizer

Association “Maraton Dbam o Zdrowie” based in Łódź, ul. Zbąszyńska 3, 91-342 Łódź, entered into the Register of Associations, Other Social and Professional Organizations, the Foundation and Independent Public Health Care Institutions maintained by the District Court for Łódź-Śródmieście in Łódź. Economic Court of the 20th Commercial Division of the National Register Courthouse under the number KRS 0000403717, REGON: 101325327, tax identification number (NIP): 9471980735

2. Contractor: Ms Joanna Chmiel running a company under the name Beauty Sport Run Joanna Chmiel with the seat in Łódź at Konstadta 7 Street flat 66, 91-430 Łódź, NIP 7271445611, REGON 364956765. The Organizer entrusts the Contractor with the implementation of the event under the name “DOZ Lodz Marathon 2022” together with accompanying events on 22-24 April 2022, in particular the Ekiden Relay.

3. Strategic Partner: City of Lodz

4. Honorary patronage:

President of the City of Lodz,

Marshal of Lodzkie Voivodeship

II. Goal of the Run

The goals of the Run are:

popularizing running as the simplest form of physical activity among adults and school Youth, popularizing sport in various social, environmental and professional groups, promoting sports in the family, promoting of the City of Lodz and the Lodz region in Poland and in the world.

III. Name, date and the place of the Run

Name: Ekiden Relay

Date: April 24, 2022 (Sunday)

Place: Lodz, Atlas Arena, Bandurskiego Avenue 7 (start, finish, Run Event Office)

Start: 9:00 a.m.

Finish: Atlas Arena, Bandurskiego Avenue 7, Łódź

IV. Route of the Run

1. The route of the Run is certified and its every kilometer is marked by the attesting entity licensed by the Polish Athletics Association.
2. The judges of the Polish Athletics Association (PZLA) will watch over the course of the Run.
3. Length of the route: 42,195 km.
4. Length of individual relay changes: 1st change - 5 km, 2nd change - 10 km, 3rd change - 5 km, 4th change - 10 km, 5th change - 5 km, 6th change - 7 km 195 m.
5. The route will be marked with vertical signs every 1 km.

V. Conditions of participation in the Run

1. In the Race there is a limit of 100 relay teams of 6 runners each.
2. Any person who by 2022, will be 16 years of age may become a participant of the Run. Participation in the Race of persons under 18 years of age requires the consent of their parents or legal guardians in writing, under pain of nullity. A specimen consent is available at www.lodzmaraton.pl under tab ("documents to download").
3. A single relay must be composed of six Participants who cover the distances indicated in the regulations (in indicated order).
4. One Participant may take part only in one change of a given relay.
5. One Participant may take part only in one relay.
6. Each Participant shall register for the Run either electronically by filling the entry form available on the website www.lodzmaraton.pl by April 15, 2022 or in person in the Run Event Office in the days of April 22-23, 2022 (provided the registration limit is not met by April 15, 2022).
7. Registration of the relay is made by the captain of a given relay by creating an account by filling in an application form available at www.lodzmaraton.pl
8. The captain is chosen by the relay.

9. Each participant of the relay race must be registered to the race by the captain of the relay race electronically by filling in the application form available at www.lodzmaraton.pl by 15 April 2022, or in person in the race office on 22-23 April 2022 (unless the application limit is exhausted by 15 April 2022)
10. Any changes in applications (e.g. change of names, submission of packages) will not be made after 15 April 2022.
11. The condition of participation in the race is to register electronically at www.lodzmaraton.pl by 15 April 2022, or in person at the race office from 22 until 23 April 2022 (unless the registration limit has been reached by that day), as well as to pay the participation fee in accordance with the price list indicated in point VII of these Regulations.
In order to be allowed to run in the relay, the captain must submit to the race office an application form signed by each relay participant.
Individual application forms of the relay participants will be available for download in the account of the captain of the relay no later than 15th April 2022.
12. On the day of the Run (April 24, 2022) there will be no registrations. That day the Run Event Office will only issue numbers and starter packs to previously registered Participants of the Relay, whose participation has been paid for.
13. Participants failing to pay the entry fee, referred to in point 5 (above), results in no allocation of bib number to the Participant and inability to participate in the Run .
14. Only paid Relay (all Participants from a given Relay) with assigned starting numbers have the right to take part in the Race.
15. All the Relay teams taking part in the Race must be verified at the Race office. This verification shall be carried out by the captain of the Relay or by the person authorised in writing by the captain.
16. Bib numbers and starting packages will be issued in the office of the Race. The office of the Race will be located in the Atlas Arena at 7 Bandurskiego Avenue in Łódź and will be open on the following days and hours:
 - April 22, 2022 - 1 pm - 8 pm
 - April 23, 2022 - 11 am - 9 pm
 - April 24, 2022 - 7 am - 3.30 pm - on this day the starting packages will be issued only till 8.30 am.
17. On the day of the Relay, April 24, 2022 registration to the race will not be possible. Participants will be able to collect starting packages only.
18. The deposit will be open on April 24, 2022 from 7 am to 4 pm in Atlas Arena at Bandurskiego Avenue 7 in Lodz.

19. In the office of the Run, the captains of the relay will receive starter packages for the whole team including bib numbers, electronic chip batons, safety pins and commemorative T-shirts.

20. If it is not possible to collect the starting packages in person, the captain may authorise a proxy.

21. The condition of collecting the starter packages by the proxy is presentation of the authorization signed by the captain and the photocopy (for inspection only) of the captain's identity document with a photograph. the content of authorisation is available on www.lodzmaraton.pl in the tab "documents to download" ("dokumenty do pobrania" tab)

22. Starting packages not collected at the Run Office will not be sent or issued at a later date.

23. The order of the Participant in each change is decided by captain. Only the captain of the team concerned may make changes.

24. In case of the need to change the Participants of the relay, the captain is obliged to report it in accordance with the rules. After receiving the starter package, it will not be possible to change the order of Participants taking part in the relay.

25. During the race, each Participant is obliged to have a bib number pinned horizontally to the front of the shirt (or outdoor clothing). The bib number must be visible during the whole race.

26. The qualification is based on electronic time measurement based on an electronic chip located in the relay baton. The Participant of the relay is obliged to run with the baton, hand it over to the next Participant of his/her relay in the marked change zone, and the last Participant of the relay must run the finishing line while holding the baton. A runner who loses the baton or does not carry it to the finish line or to his/her finish line or to his/her shift zone will not be classified and thus the entire relay will not be classified There will be control mats on the Relay route, which record the appearance of a participant at a given point. Failure to read the appearance of the Relay Participant at a given point may result in disqualification of the Participant and the entire relay.

27. Under the penalty of disqualification, it is prohibited to cover the bib number in part or in the whole, or to modify it.

28. Participants from the first shift set up at the start in separate zones, according to the declared time of completion of the race through the entire relay.

29. The Participants from the following shifts: second, third, fourth, fifth and sixth shifts shall set up in the indicated zones of changes on the route of the race. The baton must be handed over in the zone. The end of each zone will be determined in front of the measuring mat of a given

kilometr in relation to a given shift at 5 km, 15 km, 20 km, 30 km, 35 km i.e. the measuring mat is run by the participant of the next shift.

30. Participants of particular shifts will have the opportunity to use the transport provided by the Organizer. The buses will be placed near the Atlas Arena and will be appropriately marked for delivery to the target shift zone or back to Atlas Arena.

31. Buses distributing Participants to particular zones: II, III, IV, V and VI will leave the Atlas Arena between 7:30 and 8:30 on the day of the Run, i.e. April 24, 2022. During this time, Participants of particular shifts are obliged to take places in the appropriately marked bus. If a Participant is late and does not occupy a seat on the relevant bus, the participant must reach his/her shift area by himself/herself. At the end of the race, the buses will bring the competitors from each shift to the Atlas Arena. The return from the substitution zone will take place after the last competitor has passed the zone. If the shift zone is not more than 1 km from the start and finish line of the Run, the Participants go to the appropriate shift zone and return to the Atlas Arena themselves - in such a situation the Organizer will not distribute the Participants.

32. It is forbidden to make the changes in the relay outside the designated areas of changes.

33. Participants of the relay are subject to a time limit of 6 hours 00 minutes, counted from the starter's shot.

34. Additional time limits are: for 20 km: 2 hours 50 minutes, for 30 km: 4 hours 16 minutes, for 35 km: 4 hours 58 minutes, for 40 km: 5 hours 41 minutes.

35. Participants who do not finish their stage of the race within the indicated time limit or do not exceed the time measurement points from the previous point within the indicated time limit are obliged to stop the Race and leave the route or to reach the finish line by bus with the inscription Catch Runner Time Limit (end of the race)

36. Participants remaining on the route of the Run after the indicated time limit do so on their own risk and liability, according to traffic regulations and the Civil Code.

37. Participants of the Run are subject to the provisions of the Polish Athletics Union, available on the website www.pzla.pl and these rules and regulations.

38. The Organizer provides medical service at the start, along the route and at the finish of the race. The Organizer recommends that the Run Participants conduct medical examinations in connection with the intention to participate in the race and not to report the participation in the Run in case of medical contradictions. Participant declares participation in the Run at his/her own risk and responsibility. The Organizer is not responsible for the consequences of participation in the race of Participants whose health condition constitutes contradictions to

participate in the Race. The Organizer does not verify the health condition of the Participants. The health of minors is the responsibility of their parents or legal guardians

39. Providing the Organizer with a correctly filled in application form and/or consent to the participation of a minor means that the participant/guardian has considered and assessed the nature, scope and degree of risk associated with participation in the Run, including the risk of accidents, the possibility of personal injury and physical injury, including death, as well as material damage and has voluntarily decided to take this risk.

40. When collecting the starter packages for the relay, the captain must show his identity card with a photo, e. g. an identity card or a school/student card.

VI. Entry to the Race.

1. Each Participant of the relay shall register for the Run electronically by filling the entry form available on the website www.lodzmaraton.pl

2. The captain of the relay is obliged to pay the full fee for the entire relay.

3. Participants settle the payment on their own.

4. Each relay participant is obliged to provide in the application the full name of the relay team, including the original spelling.

5. Online entries will be closed on April 15, 2022. After this date will not be the possibility of paying an entry fee online. After closing online applications, fees Starting points will be accepted only in cash at the race office on 22-23 April 2022 (unless the limit of applications has been exhausted by that time).

6. The organizer reserves the right to terminate the subscriptions earlier in the event the limit of Participants has been exhausted.

7. The organizer does not provide for the possibility of anonymous start.

VII. Starting fees

1. Every relay participating in the Run bears the costs of the entry fee.

2. The start payment should be made electronically via the "Go to payment" option, available in the application form.

3. Starting fees for participants who will register to participate in the Run in the office Race competition on 22-23 April 2022 (in case of availability of seats) will be paid only in cash. There will be no card payment options.

4. As part of the fees for participation in the Run online via the form application form available via the website www.lodzmaraton.pl. The organizer allows Credit card participants.
5. Starting fee amounts:
 - 1st date - payment made by 10 March 2022 - PLN 350
 - 2nd date - payment made on March 11 – April 15, 2022 - PLN 400
 - 3th date - payment made in the Race's office from 22 to 23 April 2022 - 500 PLN
6. The proof of payment is the appearance of the starting number next to the name of the relay on the list starter on the website www.lodzmaraton.pl.
7. If, after 7 (seven) days, the starting number does not appear, the relay Captain is obliged to contact the Organizer at the following e-mail address: stowarzyszenie@pelion.eu.
8. The fee paid once is not refundable or transferred to another team or other course organized by the Organizer.
9. The Run participant who wants to receive an invoice for the paid start fee is obliged to give accurate data in the Race Application Form or in the Race Office to issue an invoice. In the absence of providing data to the invoice or providing data incomplete, the invoice will not be issued. The invoice is issued by the Organizer.
10. The Organizer has the right to release selected Participant and other Participants of the Runs from random fees, at their own discretion.

VIII. Deposits and meals

1. Participants in the Run will receive a deposit bag in the starter packet with a place for entering the starting number, allowing to deposit items in a specially designated place. The bag can only be picked up based on the start number. In the event of the participant's loss of the starting number, the Organizer is released from responsibility for downloading the bag by another person. It is forbidden to leave valuable items and documents on deposit. For leaving them, the Organizer is not responsible.
2. Before the Run participants will have the opportunity to use the dressing room. After the race, participants will have the opportunity to use the changing room, massage and showers.
3. All Participants of the Run receive: the opportunity to use eating points along the route of the Run and a regenerative meal at the finish line.

IX. Nutrition points and checkpoints

1. 10 buffet points will be spaced approximately every 4 kilometers starting from the 4th kilometer of the Run.
2. The Organizer does not accept private nutrients from Participants.
3. In the vicinity of each of the eating points there will be a toilet cubicle.
4. Time control checkpoints will be on 5, 10, 15, 20, 25, 30, 35 and 40 kilometer and half way through the marathon.

5. The service of checkpoints will list the starting numbers of Participants shortening the route.
6. Participants who shorten or change the route will be disqualified.

X. Classifications and results

1. During the Run the following classifications will be conducted:

- OPEN classification - any relay composition
- Men's relay classification
- Classification women's relay

2. The classification is based on electronic time measurement based on the electronic chip in the relay baton. The relay, which loses the baton or does not deliver it to the finish line will not be classified. On the route of the Run, there will be control mats that record the appearance of a participant in a given point. No readout of the participant's appearance at a given point may result in disqualification of the participant and the whole relay team.

3. The general classification is based on real time (net - counted from crossing the starting line). The exception are the first 3 (three) relays crossing the finish line - they are classified on the basis of official times (gross - from the starter's shot).

4. Unofficial results of the Run will be posted on the website www.sts-timing.pl and www.lodzmaraton.pl directly after Run

5. Protests and complaints will be accepted in writing up to 30 minutes after the end of the Run at the Race event office. Protests and complaints will be considered up to 3 (three) days after the end of the Run. After this date, the results of the Run become official results.

6. The organizer reserves the right to introduce additional classifications by 31 March 2022. Information about the introduction of additional classifications will be posted on the website www.lodzmaraton.pl within the period specified in the previous sentence.

XI. Awards in the Run

1. All Participants who complete the Run receive commemorative medals.
2. Teams that will occupy places I-III in a given classification will receive cups.

XII. Personal details

1. The Administrator of the personal details in the process of registration in the Run is Association "Maraton Dbam o Zdrowie" Zbąszyńska St.3, 91-342, Łódź.

2. Legal basis and period of processing personal details in particular cases is as follows:

- The purpose of processing details: execution of the agreement between the parties (Regulations)

Legal basis: processing is necessary for the performance of a contract to which the data subject is a party (art. 6 § 1b GDPR)

Processing period: 1 year after the end of the event, and after that time, if this is required or permitted by law, e. g. in order to assert any claims.

- The purpose of processing details: communication for the purpose of performing the contract with a person other than the one with whom the contract has been concluded, e.g. proxies authorised to receive packages.

Legal basis: processing is necessary for the purposes of the legitimate interests pursued by the controller (art. 6 § 1f GDPR)

Processing period: Until cooperation completion or reporting effective opposition by the data subject.

- The purpose of processing details: Transmission of offers-related and marketing information in the case of electronic transmission and processing of the pictures taken during the Race.

Legal basis: the data subject has given consent to the processing of his or her personal data (art. 6 § 1a GDPR)

Processing period: Until the withdrawal of consent.

3. Personal data of not more than the first 10 Participants in each category will be processed by up to 3 years from the end of the Run.

4. After the processing is completed, the name and surname will be anonymised.

5. Providing personal data and image in relation to execution of the contract (accepted rules and regulations) connecting the parties is voluntary but necessary to register participation and to start in the Run. For other purposes, i.e. sending information about offers and marketing content, in case of sending them electronically - providing personal data is voluntary.

6. Data will be provided to entities cooperating in the organization of the Run, and if you express your consent, also to sponsors, whose current list is available on the website:

www.lodzmaraton.pl

7. You have the right to request access to your personal data, rectification or deletion or restrictions on processing, as well as the right to object to the processing and the right to transfer your data and file a complaint to the supervisory body - the President of the Personal Data Protection Office. The request to delete personal data is tantamount with deletion from the list of Participants of the Run and the Event and the lack of possibility to start in the Run.

8. You have the right to submit a statement on the withdrawal of consent for processing your personal data at any time by sending a letter or electronic mail, according to your own choice. Withdrawal of consent does not affect compliance with the law of data processing which was made on the basis of consent before its withdrawal.

9. The administrator of your personal data provided in connection with the registration of participation in the Run is the “Maraton Dbam o Zdrowie” Association with its registered office at ul. Zbąszyńska 3 in Lodz (91-342).

The basis for the processing of personal data is your consent (Article 6 paragraph 1 point a) general regulation on the protection of personal data), the need for contact about your registration and participation in the Event (Article 6 (1) letter (b) of the General Protection Regulation personal data) or the legitimate interest of the “Maraton Dbam o Zdrowie” Association (Article 6 (1) letter (f) of the General Regulation on the Protection of Personal Data).

Providing personal data is voluntary, but necessary to register your participation and take part in the Run.

10. Your data will be provided to entities cooperating with the organization of the Event and Run and, if you agree, also to Sponsors and Partners. Current list of Sponsors and Partners is available at www.lodzmaraton.pl. The list will be subject to updates, which you acknowledge when agreeing. Providing the data is voluntary but necessary to achieve the above objectives. You have the right to request access to your personal data, rectification, deletion or processing restrictions as well the right to object to the processing and the right to transfer your data and submit a complaint to the supervisory body - the President of the Office for the Protection of Personal Data. The request to delete your personal data is tantamount to deleting you from the list of Participants of the Run and the lack of possibility to start in the Run.

11. Your personal data will be processed until you appeal by you consent, and then for the period necessary to secure any claims related with data processing.

12. Your personal data will not be processed for automated processing decisions, including profiling.

13. In matters related to the processing of personal data, please contact us at stowarzyszenie@pelion.eu.

XIII. Final Provisions

1. The Run will take place regardless of weather conditions.

2. The Organizer provides medical care during the competition on the route and at the finish line of the Run.

3. The Organizer is covered by third party liability insurance. The event, including the Run, is covered by third party liability insurance and accident insurance, any claims in this respect should be addressed to the Organizer. The Organizer does not provide participants with life insurance, health insurance or from civil liability in respect of sickness, accident, injury or death, or losses that may occur in connection with participation in the Run.

4. The Organizer suggests Participants to purchase individual accident insurance.

5. The Run results will be available immediately after the Run at www.sts-timing.pl and the website: www.lodzmaraton.pl.

6. Each Participant is obliged to wear the bib number during the Run.

7. The time limit in the Run is 6 hours 00 minutes.

8. Participants are required to run only along the route marked by the Organizer.

9. During the Run Participants are required to submit to the orders of the municipal services, i.e. Police, Municipal Police, MPC Traffic Supervision and Organizer's services.

10. Participants remaining on the route of the Run after the indicated time limit do so on their own risk and liability, according to traffic regulations and the Civil Code.

11. Participants of the Run are subject to the provisions of the Polish Athletics Union, available on the website www.pzla.pl and these rules and regulations.

12. Participants of the Run shortening or changing the Run route will be disqualified.

13. During the Run and accompanying events a photographic report and video materials will be made. Participants during registration agree to the use of their image and processing personal data. Failure to agree will prevent participation in the Run.

14. The Organizer reserves the right to and the Participant agrees to carrying out interviews

with each of the Participants, taking pictures and filming for advertising and promotional purposes, use of these materials on the Internet or radio and television broadcasts and all other commercial purposes.

15. The Organizer reserves the right to and the Participant agrees to use all around the world, free of charge all photos, film materials, interviews and sound recordings presenting the Participants of the Run. They can be used by the Organizer through placing on CD, DVD, catalogs and media, on websites, in newspapers and at exhibitions, as well as for promotional and advertising related purposes with activities run by the Organizer.

16. Parent or legal guardian consents to the processing of the image and personal data of minors

17. Participants, supporters and accompanying persons are not allowed to enter the Run with intoxicating, illegal substances that increase physical performance and alcohol.

Participants are prohibited from taking such substances both before and during the Run under the threat of foreclosure, exclusion from the Run and disqualification.

18. The Organizer is not responsible for items lost during the Run.

19. Only participants with the start numbers placed prominently on the chest may be on the route during the Run. Participants without start numbers and accompanying persons on bicycles, rollers, skateboards and other mechanical devices will be removed from the route.

20. For safety reasons it is forbidden to bring on the route, around the start and finish of the Run items that may pose a threat to other Participants or fans and people accompanying.

21. It is forbidden to participate in the Run in clothing that covers the face and prevents identification of the Participant.

22. Participation in the Run is tantamount to acceptance of the Rules and Regulations of the Run.

23. If the Run is postponed, not due to the Organizer but due to force majeure, and rescheduled to another date Participants may start in the Run at the given new date, within the paid start fee. The new Run date will be announced no later than within 30 (thirty) days from the date of notification of the need to postpone the Run. In such case the resignation from the Run and refund of fee can be made on Participant's request in accordance with the rules set out in paragraph 27 below.

24. Parking lots will be available for participants of the Run (free and paid) - access from Al. Unii Lubelskiej in Łódź.

25. The Organizer reserves the right to amend the regulations no later than on 05 April, 2022. Each change of the rules and regulations will be posted on the website with an indication of the initial date of its coming into force, no later than 05 April, 2022, at least 14 days in advance. The Participant who does not accept the change of the regulations has the right to resign from participation in the Run within 7 (seven) days from the date of its coming into force.

Resignation from participation in the Run along with an indication of the bank account number to refund the fee should be sent by registered mail with a return confirmation of receipt to the following address:

Association "Maraton Dbam o Zdrowie" ul. Zbąszyńska 3, 91-342 Łódź

or electronically to the e-mail address: stowarzyszenie@pelion.eu.

In the event of resignation from participation in the Run due to the above-mentioned reasons Organizer shall pay the Participant a starting fee within 7 (seven) days from the day of the delivery of the Participant's statement on resignation from participation in the Run.

Technical and organizational changes, including changes in limits, times, number of participants or Run Event Office opening hours do not constitute a change to the Regulations

entitling to the refund of the paid fee.

The emergency number is a phone number: **+48-887 102 112** to the Operations Centre, where the calls from people in need are accepted. It is recommended to use the alarm telephone number for the benefit of the Participant